

## School Health Advisory Council

### **Petrolia Independent School District**

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## **SHAC**

### **What is SHAC?**

The **School Health Advisory Council** (SHAC) is an advisory group comprised of individuals who represent segments of the community. The group acts collectively to provide advice to the PISD on aspects of the school district's health program. Generally, the members of SHAC are appointed by either the Board of Trustees, PTA, or the Facilitator for Health Education. It is important to emphasize that the SHAC provides advice to the PISD administrative staff and the PISD Board of Trustees.

### **What do they do?**

The SHAC has a variety of roles addressing all components of a comprehensive school health program. The eight School Health Index modules are structured around CDC's eight-component model of a coordinated School Health Program (CSHP) as follows:

- **School Health and Safety Policies and Environment**
- **Health Education**
- **Physical Education and Other Physical Activity Programs**
- **Nutrition Services**
- **Health Services**
- **Counseling, Psychological and Social Services**
- **Family and Community Involvement**
- **Health Promotion for Staff**

The local school health advisory council's duties include recommending:

1. **The number of hours of instruction to be provided in health education**
2. **Health education curriculum appropriate for specific grade levels that may include a coordinated health education program designed to prevent obesity, cardiovascular disease, and Type II diabetes**
3. **Instruction to prevent the use of tobacco**
4. **Appropriate grade levels and methods of instruction for human sexuality education**

